



Hamid, KamarZarin (PhD).clinical psychologist

Education /Employment

Recent Affiliations/Recent Honors and Awards

Books/Selected Publications

Seminars/conventions . Interest / Hobbies.

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Open university(payame noor university) of Iran academic member

Tehran zip code: 1955895153

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EDUCATION :

BA on Clinical Psychology. Isfahan university, Iran 1986-1990 . Title of Thesis:

comparative study of depression development on ill -cancer, chronic disease- and healthy adolescence.

M.A on Educational Psychology Shiraz University Iran 1991- 1993 . Title of Theses: the

comparison study between Public and private schools achievement and self-esteem on Iran.

PhD on psychology .AMU university 2004-2007. Aligarh UNI- INDIA. Title of thesis:

"A comparative study of psychological and medical and compact models of treatments for Iranian students with panic symptoms".

EMPLOYMENT/Experiences

2021-psychological treatment private clinic named “ZEHN va RAVAN” Motaharai st after sohrevardi N:86 .Tehran-Iran

2021-Asian Council of Science Editors member

2019-**editoiral board** of research journal. Achievement of clinical psychology . Publisher Shahid Chamran University of Ahvaz. [ttp://jacp.scu.ac.ir/](http://jacp.scu.ac.ir/)

-2018 -Responsible for consulting center of Payame Noor University. Alborz Province-Iran

2016 to present--editorial board European Journal of Psychology and Educational Studies, a publication of European Academy <http://www.ejpes.org/editorialboard.asp>

2009-23th AAOU annual international conferences ,scientific committee head –Tehran -Iran

2008-. PNU university of Iran-Tehran, International relationship office.

2007-2008 .PNU university of Iran-Tehran, General secretary of head of university.

2006 – manager and editor of " PNU Psychology E-news paper"

2007- PNU university, academic member .Iran- Tehran payame noor university

1996 – Welfare ministry of Iran-Dezfoul. Duties: group therapy, clinical interview with drug dependency patients.

1996- to present working on clinic as a clinical psychotherapist .

1993 -1998. Dean of faculty of education. IAU Univ. Dezfoul- Iran

1993-2003.Academic member of university. IAU-Dezfoul ,Iran

1990-91 – Ministry of education ,Iran-Dezfoul. Duties, consulter of education Childs and adolescents.part time

RECENT AFFILIATIONS:

Academic member of PNU university of Iran-Tehran. since 2006 .

Iranian Psychological organization Member. since1997.NO-1783

American Psychological Association (APA) Member , since 1999 No: 86244915

RECENT HONORS AND AWARDS :

1-“Stress management “ Certificate on year 2004 Dubai-MENA regional conference on psychology 13-18 Dec 2003.

2-Neurofeedback treatment , Firoozgar hospital , Tehran –Iran. 2011.

3- achieved researcher named on karaj-Iran , 2015.2014-

4-achieved researcher named on Alborz –province, Alborz-Iran , 2016 .

5-named as a achieved researcher by marquise who’s who. USA-2003-2005.

PRIMARY RESEARCH INTERESTS :

Clinical social psychology ,positive psychology, and psychology on cultures comparison study .

SELECTED PUBLICATIONS/SEMINARS AND RECENT PATENTS

Books/research/edits published:

1—Kamarzarin,Maktabi (1990) Study of "Aysneck personality Test on gifted and normal students" Ministry of education .Iran-Dezfoul . 1990

2-Kamarzarin (2002)Iran profile.APA international news paper .winter 2002

3-Syrvastava ,S.K (2005)Applied and community psychology -2005-(co operation-chapter 112-pages795-805,Non verbal behavior) SAROUP&SONS Pub.

4-Taghizade,kamarzarin (2008) .Adolescents’ psychology for families ,Jangal publication.Tehran-Iran. (2008)

5-- kamarzarin(2011). Panic disorders treatments for Iranian students. lambert publication Germany (2011)., RESEARCH PUBLISHED.

6-- kamarzarin.(2013).-Psychology texts on English languages (for MA Students reference).PNU publication(Iran Distance University pub).Iran-Tehran.(2013)

7-- kamarzarin.(2013) -Development Psychology(adolescent’s to last ages)).PNU for BA Students reference publication(Iran Distance University pub).Iran-Tehran.(2013)

8– kamarzarin , Babaee , Aliakbari , Oraki (2015).Child Psychopathology . PNU publication.Tehran-Iran 2015 . BA Students reference

9- Aghajanbeglo ,Kamarzarin (2016) child adjustment with school .Varjavand Pub .Tehran-Iran 2016-refrence for MA student on clinical psychology

10– Kamarzarin.(2014). Guideline Psychopathology . Kheradmandan Pub .Tehran-Iran (2014).-editor-

11 – Kamarzarin.(2014). Guideline Specialized” psychology Text “ . Kheradmandan Pub. Tehran-Iran (2014).-editor-

13 – Kamarzarin .(2010) . Specialized psychology Texts for bachelor students Vol.1-2 PNU publication.Tehran-Iran –editor- 2010

- 14- Kamarzarin .(2010) . Specialized Text for bachelor students Vol.2 PNU publication.Tehran-Iran 2010- editor-
- 15- Kamarzarin .(as editor) (2014) .Prevention and treatment on drug dependencies . PNU publication.Tehran-Iran
- 17-kamarzarin ,golestani,kord mirza (2019)applied psychology dictionary –2019 Avae noor pub –.Tehran-Iran
- 18 kamarzarin ,hosaini (2019)-child and adolescent’s clinical psychology 2019 Avae noor pub(refrence for MA students of psy ON PN university Tehran-Iran.
- 19- kamarzarin ,hosaini (2019)Positive psychology . 2019 Avae noor pub –.Tehran-Iran refrence for MA students of psy ON PN university
- 20-kamarzarin ,golestani,kord mirza (2021)applied psychology dictionary –2021Avae noor pub –.Tehran-Iran(second edition 2021)

Articles pub:

A-DATA Research BANK Motor:ERIC

1-Zarin, H. K.TITLEThe Comparison of Depression in Ill and Healthy Adolescents in Iran.PUB DATE1998-08-00NOTE10p.; Paper presented at the Annual Convention of the American Psychological Association (106th, San Francisco,CA, August 14-18, 1998).PUB TYPEReportsResearch (143)Speeches/Meeting Papers (150)EDRS PRICE MF01/PC01 Plus Postage.DEScriptorsAdolescents; *Cancer; Chronic Illness; *Depression (Psychology); Foreign Countries; *Hospitalized ChildrenIDENTIFIERSIran

2-Kamarzarin, HamidTITLEThe Comparative Study of the Occupational Stress among Jobs and Bio-Feedback Training Effects in Iran.PUB DATE1999-06-22NOTE12p.; Paper presented at the International Symposium on Neurobehavioral Methods and Effects in Occupational and Environmental Health (7th, Stockholm, Sweden, June 20-23,1999) .PUB TYPEReportsResearch (143)Speeches/Meeting Papers (150)EDRS PRICE MF01/PC01 Plus Postage.DEScriptorsAdjustment (to Environment); Adult Education; Behavior Modification; *Biofeedback; Comparative Analysis; ForeignCountries; Job Satisfaction; Occupations; PretestsPosttests; Program Effectiveness; *Relaxation Training;*Stress Management; *Stress Variables; *Work EnvironmentIDENTIFIERS*Iran; *Job Stress; Training Effectiveness

B- Articles on journals:

1. Mazidi,M PhD.Kamarzarin,Hamid (1996)“The study of Private and public students self esteem and there school performance , journal of psychological report vol. 4 no 1, 2 winter 1996
2. Kamarzarin(1997). “ Psychological –mental health- concepts on 5 famous religions”. Journal of education, vol13 no8 may 1997, Tehran, Iran p, 44-49
- 3.Kamarzarin(1998)” New view point toward self esteem”. Journal of education, Iran-Ministry of education Pub vol. 11 no2 p 6-9

- 4.Kamarzarin(1998)**”Test anxiety and psychological treatments” journal of education on two volumes, 1998, summer issue, Iran-Ministry of education Pub.
- 5. Kamarzarin(1998)**- “Future schools -in Iran”. Journal of education Jun 1998 vol. 13 no 10, p 44-45 . Iran-Ministry of education Pub.
- 6. Kamarzarin(1999)** “Doll and its cultural roles on Iranian children “ journal of education, Jan 1999 Iran Iran-Ministry of education Pub.
- 7.Kamarzarin(2002)**"profile of Iran -psychology on Iran- INTERNATIONAL PSYCHOLOGY JOURNAL WINTER issue, 2002 P6 U.S.A WASHINGTON DC USA, 2002
- 8.Kamarzarin(2004)**"Biofeedback and job stress on Iranian..." journal of Nero-toxicology vol., 21 October 2000 no 5 p 893 . USA 2000
- 9. Kamarzarin,H(2008)**. A comparative study of psychological , medical and compact models on treatment of improving symptoms of panic disorder among students. **Journal of applied sciences . 20(8)nov2008 (ISI)**
- 10.Babae,A,Kamarzarin,H.fatahi,K (2010)** A study on relationship between individual profile of entrepreneurship and personal profile among the girl students in distance education university (PNU) in iran.Journal of world applied sciences' 8(1):25-27,2010 ISSN 1818-4952 (ISI)
11. Ahromi , shooshtari , golshani , Kamarzarin. The effectiveness of precision teaching on reading ability of students with reading learning disability.(2011)
- 12.Kamarzarin, Shooshtari , Yoosefi, Razavi (2012).The study of effectiveness spiritual therapy on development of self – concept on injured women (somatic & emotional)during childhoodSocial Psychology Research.(2012)
- 13.Kamarzarin , Shooshtari , Badripor,Khosravani (2012) .Effect of yoga on the Components of resiliency and psychological well being of women in Isfahan .Health psychology .Vol .No3.Autumn (2012).
- 14.Kamarzarin and others 2013-A comparative study on psychological ,medical and compact models on panic syndroms - Journal of applied sciences -
- 15.Kamarzarin and others 2013 -Investigation of simple and multiple relationship of student’s performance in Wechsler intelligence test (Wise_IV) with Gardner’s multiple intelligence on Iran - Scholar research library - USA – 2013-0976-1233
- 16.Kamarzarin and others 2013-The effectiveness of the logo therapy –based group counseling on reducing anxiety and increasing the life expectancy among mothers of the children of divorce - World of Sciences Journal - ISC -2013 ISSN: 2307-3071-
- 16.Kamarzarin and others 2013-A comparative investigation of some of the personality characteristics, emotional intelligen DASS(depression ,anxiety ,stress) among the single and

married students of the Payame Noor universities of Iran - International Journal of Advanced Research Volume 1, Issue 3, - ISI – 2013- ISSN NO 2320-5407

17.Kamarzarin and others 2013 -Investigating the mental health state and the familial and personal trauma of the Payam Nour students of Alborz University - World of Sciences Journal – 2013- ISSN 2307-3071

18.Kamarzarin and others 2013-A study of the relationship between self-esteem and the imposter phenomenon in the physicians of Rasht city - European Journal of Experimental Biology, , 3(2): - 2013

19.Kamarzarin, Zare , Borooki Milan (2013) , The effectiveness of cognitive – behavioral therapy on increasing of self efficacy improving of addiction symptoms among drug dependency patients).Research on Addiction (2013).

20.Kamarzarin and others 2013- Examing Frida Khalos self-portaries from the perspective of psychoanalysis - International journal of arts – ISI- ISSN: 2248 –9215

21.Khaledian, Hamid Kamarzarin and others 2013 - Relationships between self-esteem and marital satisfaction among women - Psychology and behavioral sciences - ISC -2013-- 20130203.17

22.Hosseini, Zainolabedin, Kamarzarin ,Khaledian.(2013).The investigation of difference between PPT and CBT results of EFL learners in Iran. Computer Familiarity and Test performance in CBT.

23. Kamarzarin and other(2013) Investigating the relationship between family content and process model and depression, anxiety and stress among undergraduate students. World of Sciences Journal ISSN: 2307-3071. Issue: 11 vol 1 Pages: 131-142

24. Kamarzarin (2013). The effective of learning cognitive and meta- cognitive strategies on educational development and self – esteem of girl students of shahed in Isfahan. Social Psychology Research.No.61(2013).

25.Yadalijamaloye Khaledian, , KamarZarin, Shoshtari,Ahrami(2013) .Relationships between self-esteem and marital satisfaction among women .Psychology and Behavioral Sciences. 2013; 2(3): 124-129

26.Famil sharifian , khalili , Hasanzadeh pashing,Kamarzarin , Taghizadeg(2013) .The study of effectiveness of cognitive – behavioral therapy in group on mental health among primary MS patients.(2013)The journal of Urmia University of Medical Science , Vol.24(9),Nov2013.

27. Borooki Milan, Kamarzarin, Zare. The effectiveness of cognitive – behavioral therapy in the improvement of coping strategies and addiction symptoms in drug dependent patient. (2014). Research on addiction.
28. Kamarzarin, Tehranizadeh. (2014). Examining the relationship between the emotional intelligence and normal people, drug – quitter among no name addicted. International letters of social and humanistic sciences. DOI:10.180522/WWW.scipress.com / ilish .30.69
29. Kamarzarin, Taghizadeh, Omidian (2014). The Investigation of Factors Affecting University Students' Attitude toward E-Learning Adoption. International Journal On New Trends In Education And Literature. Vol 1, No 1, Aug 2014
30. Omidian, Khosravinejad, Dezhani, Kamarzarin, Khaledian (2014). Preschool course effect on students' adaptive behavior according to the intelligence control. Advances in Environmental Biology, 8(7) May 2014, Pages: 2344-2349.
31. Kamarzarin (2014). Examining the relationship between the emotional intelligence and normal people, drug addict, and drug-quitter among no-name addicted groups (NA). International Letters of Social and Humanistic Sciences. 19 (2014) 69-80 ISSN 2300-2697.
32. Kamarzarin, Hasanzade Pashang, Fatemi (2014). Comparing the emotional intelligence among the normal people, drug addicts, and those abandoned drugs in the anonymous groups (NA). SCIENCE ROAD JOURNAL.: 2014 Volume: 02 Issue: 03 Pages: 164-170
33. Kamarzarin (2014) A study on Compact model efficacy on improving of panic symptoms regarding to sex and age of students. Emergencias journal 2014;5:66-68
34. Kamarzarin (2014) Examining the efficacy of behavioral-cognitive approach –based counseling on reducing opiate drug abuse among the patients undergoing maintenance treatment with methadone. Emergencias journal 2014;5:85-95
35. Kamarzarin Aliakbari, Alimoradi (2014) Effects of drawing therapy on aggression and stress in preschool children of Rasht. International Journal of Modern Science in Clinical Psychology, Volume 1 Issue 1 (2014): 25-31
36. Kamarzarin (2014). A Comparative Study on the Quality of the Implementation of Designing-Drawing Therapy on Reducing Intergroup Stress in Preschool Boys and Girls. Children Advances in Environmental Biology, ISSN-1995-0756 EISSN-1998-106
37. Jafari, Kamarzarin, Kordmirza, Seifzadeh. (2015). The role of spiritual well-being and coping skills in prediction of job satisfaction in nurses. Journal of clinical nursing and Midwifery. (2015).

38.Hosseini , Kamarzarin (2015).Investigation of relationship between metacognitive strategies and self-concept with social compatibility of high school student in the city of Karaj.European Journal of psychology and educational studies.DOI: 10.4103/2395-2555.190470.

39.Fatahi,sharifi ,Kamarzarin (2015) .Comparison of Emotional Intelligence between Comparison of Emotional Intelligence between Normal people and addicts. Journal of Social Issues & Humanities, Volume 3, Issue 3, March 2015 ISSN 2345-2633

40.Kamarzarin (2016) The affection of Fordyce happiness model on increasing martial satisfaction of mothers within children mental retardation. Disability studies journal of iran..2322-2840- 2016.

41. Kamarzarin, Rashidi(2016).The effect of education of multiple intelligence on the self – concept of male students with dyslexia.Journal of the Indian academy of applied psychology.(2016)

42. Farshad, Kamarzarin , Tayarani (2016).Moderating effect of religiose coping in the relationship between hardiness and psychological well- being in students of shiraz university of medical sciences.Journal of research &health .(2016)

43- **Akbar Atadokht, Ph.D.,1 Esa Jafari, Ph.D., 2 Meisam Haiati, M.A., 3 Hamid Kamarzarin, Ph.D., 4 Sedighe Mehri, M.A.(2017) The role of body image and self-concept in predicting psychological disorders, blind and deaf students. Exceptional children quarterly,No1 volume 17.**

44- **Hamid Kamarzarin, Monirosadat Hosseini (2016)Investigation of relationship between metacognitive strategies and self-concept with social compatibility of high school student in the city of Karaj .**

45- **Hamid Kamarzarin (2016)The Affection of Fordyce Happiness Model on Increasing Martial Satisfaction of Mothers within Children Mental Retardation, MEJDS. 2016 April; 6: 62-67**

46- **Hamid Kamarzarin 1, Mehran Rashidi Journal of the Indian Academy of Applied Psychology The Editor, JIAAP Website: www.jiaap.org .2016 acceptance . ISSN: 0019-42**

The effect of education of multiple intelligences on the self-concept of male students with

47- **Esa Jafari.Fariba Ghazanfarian.Mahnaz Aliakbari.Hamid Kamarzarin. The Effectiveness of Coping Skills' Training on Emotional Regulation in Delinquent Adolescents. psychological studies and finding jo shahid chamran uni-iran-ahvaz 2017-summer no4 <http://psychic.scu.ac.ir> , psychic@scu.ac.ir .**

48-Akbar Atadokht, Ph.D., 1 Esa Jafari, Ph.D., 2 Meisam Haiati, M.A., 3 Hamid Kamarzarin, Ph.D., 4 Sedighe Mehri, M.A.(2017) The role of body image and self-concept in predicting psychological disorders, blind and deaf students. 10-5 · exapntional children jo N-17 –Iran pub. www.SID.ir

50-kamarzarin,hamid.golestani,ehsan (2020) *The Effectiveness of CBT on Methadone Consumption and General Health in Opium Addicts (Iranian Journal of Health Psychology Vol. 2, No. 2, Serial Number 4, p. 81-88, Autumn 2019-Winter 2020*

Kamarzarin.falahi,tehrani(2021)mind simulation method on stuttering and communication attitude patients rehabilitation medicine journal .N4 Vol 11 year1401

Seminars/conventions:

- 1.Mazidi,M PhD. Kamarzarin (1993)"Public and private school comparative study ", national convention of education, Tehran -Iran, July 1993
2. Fazilat M . Kamarzarin. H (1994) "Self esteem and leisure activities among students "national convention of education 1994, Tehran- Iran
- 3.Kamarzarin (1996) " ,mental health on aged persons on End stage "first convention of old ages mental health Iran -Sary medicine faculty -summer 1996
4. Kamarzarin and others(1996)" A Study of depression among Iranian children and adolescents (transverse study); first convention of child development IAU university Iran 1996,
- 5.Kamarzarin and Movahhedi (1999) “study of crimes and few of psycho-social factors from 1993- to 1998 among groups of prisoner's “ National convention of education Tonkabon university -Iran, July 1999
6. Kamarzarin. (1998)"Study of depression between ill healthy adolescents "106th annual convention of American Psychological Association 1998 USA August 14-18 San Francisco

7. Kamarzarin ,Fazilat M (1999). "Bio feed back Training effect and job stress between Iranian jobs "17th international symposium on neurobehavioral method and effect in occupational and environmental health 20-23 June Stockholm Sweden 1999
- 8.Kamarzarin and etal (2000)-"Depression on IAU students ". IAU University on 2000.
Iran-Dezfoul
- 9.Kamarzarin etal (2000) preschool behavior disorders .107th convention of APA USA
- 10.Kamarzarin and Fazilat, MA (2001) (1)"study of behavioral problems on preschool students
- 11.Fazilat, MA . Kamarzarin (2001)" (2) "Leisure Activities and academic performance of Iranian students "San Francisco 24-28 August 2001. 109th Annual convention of APA. USA
- 12.Kamarzarin and etal (2002)-"Test anxiety and academic performance at the university".
Iran Dezfoul 2002.IAU University, 2002, Azad Univ. of Iran-Dezfoul
- 13.Hokamzadeh T .Kamarzarin,H (2003) depression on Iranian student's -mental health seminar, 23 Feb /2003 Melbourne, Australia.
- 14.Kamarzarin ,etal (2003) 111th Annual convention of APA -American Psychological Association_ Toronto Ontario, 6 -10 August / 2003. Aggression words in Child's book -a contend analysis study
- 15.Kamarzarin ,etal (2003). Aggressive words on student's book .1st seminar of aggressive on schools. Quebec, Canada, may 2003.
- 16.Kamarzarin (2003). Panic attacks on Iranian students, 4-8 Sept 2003, first seminar of panic attacks. Westminster university, London 2003.
- 17.Kamarzarin ,etal (2003). Content analysis of aggressive words on children's book stories. MENARCP1 Seminar, Peace psychology seminar14-16 December /2003.
Dubai

- 18.Kamarzarin (2004) . 1-Iranian psychotherapy a part of history 2- SDS behavior therapy model on enuresis children treatment .2nd international conference of ASIAN psychotherapy .Sept 2004. Iran -Tehran welfare university,**
- 19.Kamarzarin ,H . Maktabi ,H . Rajoul Dezfoul,R (2005) Nonverbal behaviors on Iranian elementary students . 1th Applied psych Seminar .India –HARIDWAR -Feb /2005**
- 20.Kamarzarin,H and Professor Ahmad H . (2006)A comparative study of panic symptoms treatments on Iranian students -by psychotherapy ,medical and compact models treatments.11th international conference psychology & communication ,friendship & unity. 2-5 may 2006 Athens- Greece**
- 23.Kamarzarin,Hamid (2009) ,ICF consensus conference on the ICF core sets for hand conditions .7th-9th may 2009 ,Nottwil , Switzerland**
- 24. Ghassem Farajollahi & Hamid Kamarzarin (2009) A Comparative Study of the Educational Quality between the Distant Learning and the Traditional University Students.23rd AAOU Annual Conference.3-5 Nov 2009.Tehran-Iran**
- 25-kamarzarin,nahreni(2009) a study on Iran tradition medicine on children anxiety control and treatment. First national seminar on child anxiety.Iran-Tehran.**
- 25.Hamid Kamarzarin & Ghassem Farajollahi (2009),Content Evaluation of PNU Books by PNU Students and Academic Members. 23rd AAOU Annual Conference.3-5 Nov 2009.Tehran-Iran**
- 26.Hamid, Kamarzarin, PhD. Ghassem, farajollahi, PhD. (2009)A study on job stress and job satisfaction on Tehran payame-e-Noor university employees 23rd AAOU Annual Conference.3-5 Nov 2009.Tehran-Iran**
- 28.Hamid kamarzarin,PhD.Nezam,Nahreni MD(2010). The role of Iranian Traditional medicine on anxiety disorders treatment . First Natinal conference on anxiety.payame noor univerty, Iran- karaj .feb 2010.**

29- **kamarzarin(2012)**The 5th International Conference on Child and Adolescent Psychiatry,
The Effectiveness of Educational Effects of Aerobic Exercise on Visual and Autistic
Attention in Children with Learning Disabilities. Tehran-Iran

30-Kamarzaron and others (2014) marriage values between a group of students on Iran and germane .PNU 2th
national seminars .Mahabad-Iran .

31-kamarzarin, hamid , fallahi,Zahra, bigdeli,mojtaba(2021). Mind simulation virtual
treatment for patients stuttering and psychological problem .APA2021, poster
session Div46

Patent:

1-Patent- **Iran profile** ,on APA newspaper. witer2002 ,APA international affiliate news
paper.USA

2-**ICF**(international classification on fiction) scale establishing . One of 21 group member,2009
Swiss-Zurich. By W-H-O

Research supervisor: PhD 5 cases ,MA 20 cases ,BA about 500 cases

PN -University researches/products exhibitions: 2 international,2 national

Hobbies :relationship interest, swimming, going picnic -

Languages ability(Persian-native-, English and Arabic languages)

H,K-Zarin